Suburban Ramsey County Community Ecosystems Resiliency Map

Integrating Individual, Community and Families, Systems and Habitat Resiliency Strategies

VISION STATEMENT: "Humans and non-human earthlings have a right to thrive. We all feel supported, understood and safe, so we can talk about the hard stuff and still walk in love with respect and open-mindedness. Health is grounded in connections and access to resources, support, and safe spaces to heal and experience love, joy and fun."

Support..

"We Are

Whole"

Child Family

Community

Habitat

Social Norming (Asset based growth mindset)

- "Multiple messages and messengers overtime."
- Help seeking
- Support groups/circles
- Healthy relationship coaching
- Full utilization of resources to break free from poverty

Supporting a Sustainable Framework (Flexible, responsive, emergent, fluid)

- "We're a capitalistic society, what we value, we pay for!!"
- Outcomes, budget and investments reflect priorities
- Environmental accounting and accountability

Personal Investment in Working the Plan

- "Opening doors of opportunity at every level."
- Role modeling
- Mentoring - Inclusive
- Supportive
- Encouragement - Kindness/ ("You can do this!") Respect
- Accepting Intercultural awareness and exchange
- Environmental, - Affirming
 - educational and arts partnerships

Start Here

- "Talk about fears."
- Truth Telling

Learning

Culture

to be

Self

Care

(it's okay

vulnerable)

- Historical trauma
- Institutionalized racism

Disrupting Racism "Education, not assimilation."

- **Decision points**
- Challenge community compliance

Open

Communication

- **Barrier busting**
- Reducing the number of persons of color in the criminal

justice system

- Breaking the cradle to prison pipeline

Authentic Community Engagement

"Work with and in community."

Stakeholder-, parent-, youth-led, system redesign

- Suburban-wide program finder
- Create free, safe, and natural spaces to inspire community building, communication, cultural exchange and resiliency

Self **Expression**

Intentional Social Interaction (ISI) (pronounced "Izzy" to close relationships gaps and supports entire eco system goals.

Practice Based Evidence (Bottom up approach)

"Nothing about me, without me."

- Safety Net Meet basic needs first (Human & habitat/Non-human)
- Focus on: relationships, restorative justice, trauma sensitive/informed, culturally appropriate, healing practices, talking circles

Intentional **Social Interaction**

Authentic Welcome

Choice

Sharing

LIVING DOCUMENT

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