

School Practitioner Overview

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CAN DO MORE

School-Linked Mental Health Services

For children and youth identified by the school in need of mental health support beyond what the school can offer, including emotional and/or behavioral issues.

School Linked Mental Health (SLMH)ⁱ services are available in suburban Ramsey County for children and youth, who may be experiencing emotional and behavioral concerns which could be affecting their school work and/or relationships at school. SLMH services provide accessible, coordinated, culturally and linguistically appropriate treatment to students in suburban Ramsey County school districts 621, 622, 623, & 624.

What Services are Provided?

SLMH services offer:

- ◆ Diagnostic Assessment
- ◆ Development of treatment goals
- ◆ Ongoing therapy
- ◆ Close collaboration with the referral source
- ◆ Access to psychiatric services

What Does this Service Cost?

School Linked Mental Health Services are not a free service. If a child is covered by any health insurance plan, the provider will bill the insurance company and assess the copay required by your insurance company. If they have a deductible or a copay amount that they are not able to pay, grant funds can help cover these costs.

If the child is not covered by any health insurance plan, grant funds will be used to help cover the cost of services.

How do I make a Referral?

When you identify a student who is experiencing a mental health concern beyond what your school-based services can address:

1. Collaboratively assess the need for mental health services with your school student assistance or support team (including School Social Worker, Nurse, Psychologist, Dean or Guidance Counselor) in order to triage and determine whether a SLMH referral might be appropriate.
2. Discuss the School-Linked Mental Health service with the student and the student's parent(s), assess insurance status, and obtain a signed School Linked Mental Health Authorization for Release of Information Form. **It is imperative that parents play an active role in their child's treatment!**
3. Complete a SLMH Referral Form including insurance information, a Strengths and Difficulties Questionnaire (SDQ), and IEP/504 plan (if applicable).
4. Fax all documents underlined above to the designated Mental Health provider who serves your school district.

ⁱThese services are sponsored by the Minnesota Department of Human Services.